



## Managing Diabetes Wordfind

If you or a loved one has diabetes, learn all you can about the disease and follow your healthcare provider's advice on how to avoid serious complications. Lifestyle choices can make all the difference! This puzzle contains 20 words all having to do with successful diabetes management. Can you find them all?

E	U	E	J	R	C	X	E	A	P	C	F	U	T	S
M	R	S	E	Z	O	S	L	R	R	O	V	S	H	A
P	Z	U	Z	R	I	T	E	L	O	D	E	S	G	E
L	O	O	S	C	F	V	I	T	G	T	G	K	I	R
D	L	D	R	S	E	R	C	N	A	U	E	I	E	C
W	E	E	I	N	E	A	A	R	O	P	T	N	W	N
N	X	N	T	A	R	R	D	G	U	M	A	C	Y	A
E	F	I	T	E	T	Y	P	K	U	W	B	A	H	P
R	O	Z	F	I	H	R	C	D	V	S	L	R	T	N
N	X	B	B	O	S	E	I	P	O	D	E	E	L	I
Y	T	O	B	P	H	T	C	S	X	O	S	K	A	L
G	R	R	A	C	T	I	V	I	T	Y	L	X	E	U
P	A	N	O	I	T	I	R	T	U	N	G	B	H	S
C	W	H	O	L	E	G	R	A	I	N	S	I	M	N
E	S	O	C	U	L	G	E	Y	E	E	X	A	M	I

ACTIVITY  
BLOOD PRESSURE  
CARBOHYDRATES  
CHECKUP  
DENTIST  
EXERCISE  
EYE EXAM  
FOOT CARE  
GLUCOSE  
HEALTHY WEIGHT  
INSULIN  
MONITOR  
NUTRITION  
PANCREAS  
PODIATRIST  
PREVENTION  
SKINCARE  
SUGARFREE  
VEGETABLES  
WHOLE GRAINS