Laugh for the Health of It!

Most of us love a good laugh–and recent research demonstrates that laughter benefits the heart, immune system, and emotional health. Unscramble these 8 words having to do with humor. When you're done, rearrange the circled letters to find the name of a special day honoring the joy of laughter! (Answers at bottom of this sheet.)

JEKO

LIGEGG

DOYMCE

TJSE

GHLAU

YNUNF

KARPN

LISME

“ ”

Answers to "April is National Humor Month Word Scramble": JOKE; GIGGLE; COMEDY; JEST; LAUGH; FUNNY; PRANK; SMILE. Final Phrase: APRIL FOOLS DAY.

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